



# The **Liberdade** Cultural apprenticeship

A new apprenticeship scheme for  
people with learning disabilities

*a step in the right direction*

## Who we are

Liberdade is a **community interest company** that develops arts and health initiatives for people with learning disabilities. Founded in 2003 to support a group of people to run their own company, Liberdade has now grown to deliver its work across the region and beyond. To find out more please visit: [www.liberdade.co.uk](http://www.liberdade.co.uk)

## The programme

**In September 2011 Liberdade will be starting a new apprenticeship scheme for eight people with learning disabilities between the ages of 18 and 25. The apprenticeship will be an intensive two year programme that gets people fit and ready to work in the cultural sector.**

The scheme will run for **three days a week, 44 weeks a year**. The apprenticeship will cover all of the arts and business skills associated with working in the cultural sector. Apprentices will also learn the personal and social skills necessary to succeed.

In the second year of the programme we will offer people work experience placements within different arts organisations in the North East. These work placements will last for a prolonged period of time to ensure the participant gets 'real' benefit from their experience.

Participants may be able to secure a place within an arts organisation once they have graduated from the scheme.

## The Liberdade apprentices will benefit from:

- \* A structured get into work programme
- \* Working with a peer mentor group
- \* Work experience placements
- \* Personal plans that work with the participant's broader life goals to ensure individuals progress and succeed

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## A general week on the apprenticeship will include:

<b>Day 1</b>	<b>Business skills and personal development</b> Planning/group work with project coordinator Personal/social development
<b>Day 2</b>	<b>Sports health and fitness</b> Health and fitness Mentoring
<b>Day 3</b>	<b>Performing arts activities</b> Skills development Project based activities

To learn the skills needed to work in the cultural sector the apprentices will be taking part in projects that will include:

- \* Devising and performing new work
- \* Making films
- \* Delivering sessions to other groups

They will also have the opportunity to work with visiting artists and have time to socialise with the group members and staff.

## Where and when the course will take place...

The course will run over **2 years, 3 days a week from 9.30am – 3.30pm**

The course starts in **September 2011**.

We are looking for the perfect venue to hold the apprenticeship scheme. The venue will be in **Newcastle/Gateshead and easily accessible by car and public transport.**

*Please get in contact to find out more.*



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## Who can get involved...

**The course is for people with a learning disability aged between 18 and 25.** We want to find people who are creative, energetic and excited about what their futures hold. The Liberdade apprenticeship is person-centred throughout and will work with people's personal care plans to help them achieve their goals.

The apprenticeship scheme is fee based; most people will be able to afford this through direct payments. That means a person attending may be able to get a direct payment to pay for their place on the course.

**You can find out more about this from your support worker or from your local social work team.**

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## How do I get involved?

If you would like to apply for a place on the scheme we would love to meet you. Liberdade will be hosting a fun, active one day event where we will assess potential candidates for a place on the Liberdade apprenticeship. If you cannot make this event we will arrange to meet you at another time.

**Please email or call us to find out more.**

**0191 477 8533 or [info@liberdade.co.uk](mailto:info@liberdade.co.uk)**